



The Fred Hollows
Foundation NZ

TEAM FRED'S

A TO Z

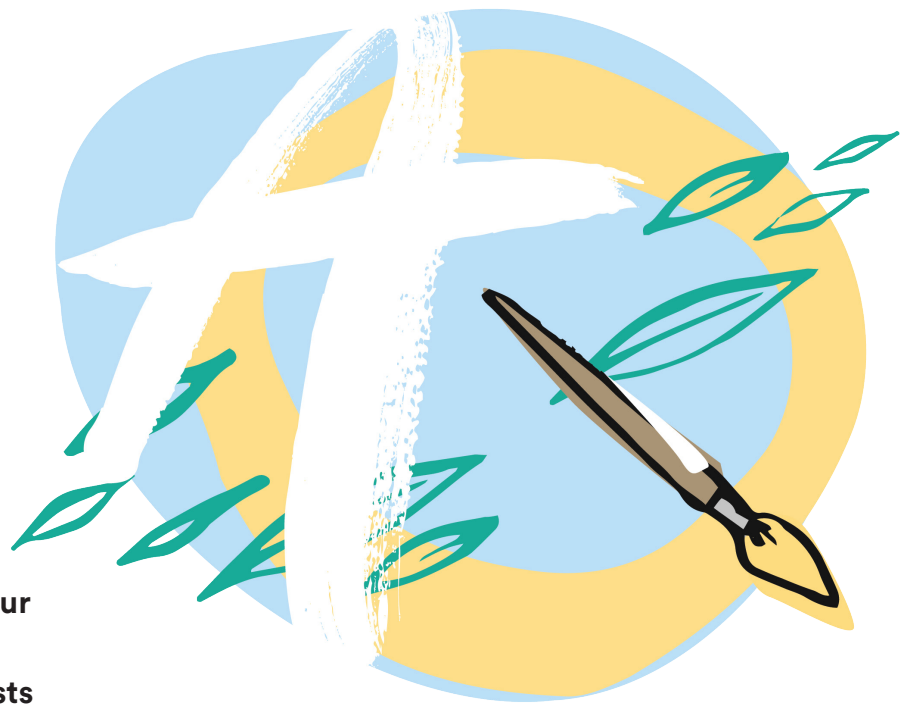
**OF COMMUNITY
FUNDRAISING**

A - B

Start fundraising to eliminate avoidable blindness in the Pacific

ART FAIR

Don't wait to be discovered! Host your very own art fair. Exhibit your own work and encourage other local artists to join in: Charge an entry fee, ask artists to donate a piece of work and host an auction at the event.



ABSEILING

Scared of heights and everyone knows it? Ask your friends and family to sponsor you to face your fear! Already well-seasoned in abseiling? Ask friends and family to sponsor you on your next challenge.



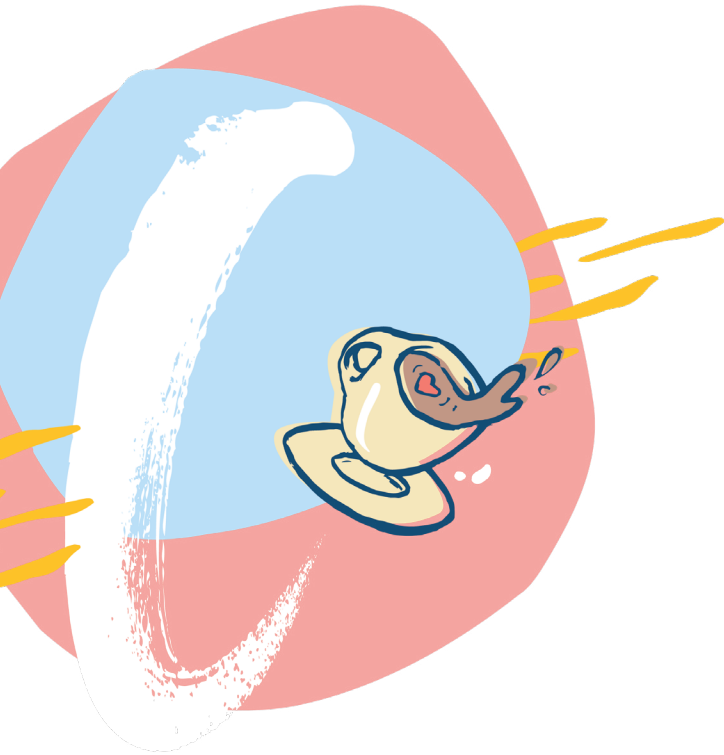
BAKE SALE

From cupcakes to giant doughnuts, host the most delicious event in the world.

BIKE RIDE

Get fit and give to charity. Take advantage of the many tracks and biking challenges around NZ.

Ask for sponsorships, or be the organiser and ask riders for a contribution for joining your event.



COFFEE MORNING

Invite a bunch of friends over for a coffee morning. Maybe someone has a fancy coffee machine and you can be the barrister? Coffee plungers and a good old fashioned cup of tea are just as good. You could bake some biscuits too!

CAR BOOT SALE

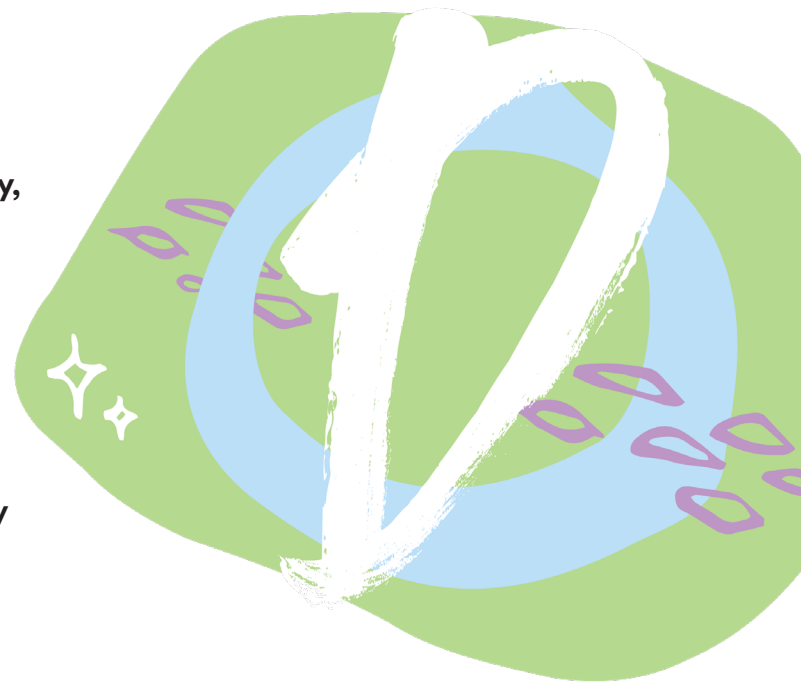
One man's trash is another man's treasure. Ask around if any of your friends and family have good quality unwanted items, encourage people to come with you and set up a stall too.

DINNER PARTY

The world is certainly your oyster. From dinner-by-donation to elaborate dinner competitions, this is a great way to raise money, get loved ones involved and show off your culinary skills.

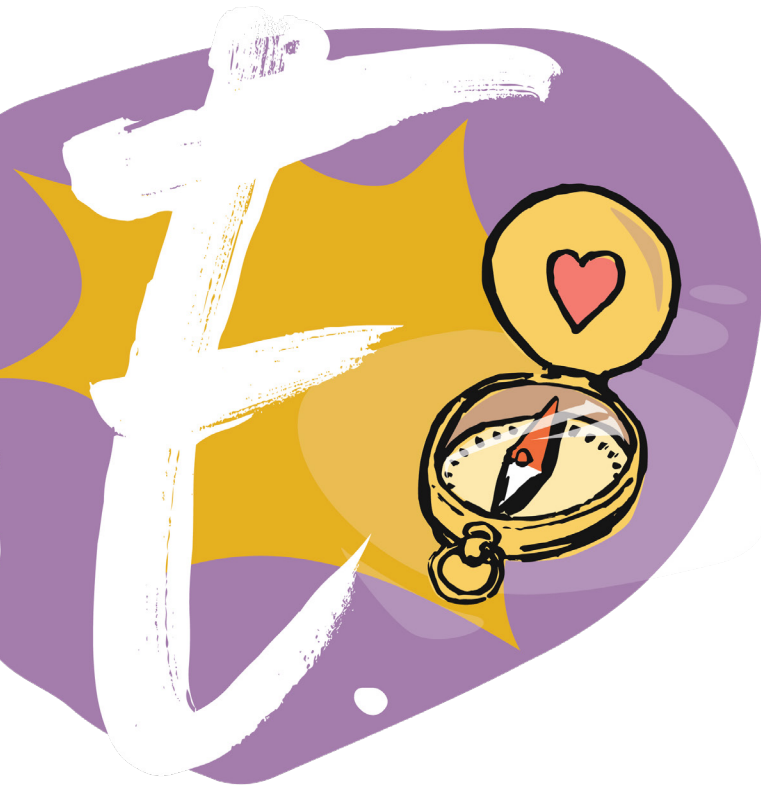
DONATE A DAY

When it comes to birthdays or weddings, many people feel they already have everything they need. In place of gifts, you could ask guests to donate to us instead.



E - F

4 out of 5 people who are blind in the Pacific don't need to be



FASHION SHOW

Get your school or local community group involved. Pick a theme (Go Green/Carnival/Monochrome to name a few) and get walking down that catwalk. Sell tickets to your absolutely fabulous event.

FANCY DRESS DAY

Pick a theme or let colleagues use their imagination. See if your company will contribute a prize fund for best dressed or money can be collected by buying voting tickets to elect the best effort.

Make a day of it and include a raffle.



ENDURANCE

Ever wanted to be in competition with the most competitive person you know? That's you! Race against yourself to complete the distance.

The most common forms of endurance races involve running, cycling and swimming (or all three), but they could involve other ideas like dancing for a set amount of hours. Get a group going and see if you can dance for 24 hours together!

EIGHTIES EVENING

The clothes. The music. The hairstyles. Big or small, make this a night to remember. Whether you're in a band who can rock out, or just tune into your 80s playlist, sell tickets to this fab party and dance the night away.



GAMES NIGHT

Cards. Board games. Charades. Twister.

An evening of multiple games and challenges or a monopoly marathon: Sell tickets to your event, donate the prize money, bonus fines for cheating can be handed out and you could include games at your dinner party event.

GIVE SOMETHING UP

Get sponsored for kicking that habit, or even abstaining from something you love for a period of time. How much will your friends and family sponsor you for giving up chocolate?

Challenge yourself – instead of buying the daily coffee or chocolate bar, how about putting the money into a jar - it'll add up quicker than you think.

HIGH TEA

The Ritz will have nothing on your event!

HIKING

Get out into the great outdoors. Organise a group and be the team leader to take them on a guided hike, ask for donations for the day. Ask friends and family to sponsor you on an epic hike.



INTERNATIONAL FOOD COURT

A fun opportunity to theme your dinner party. Ask your friends to bring a donation and a dish from a list of nations. Go the extra mile and get everyone to dress up to represent the country their dish has come from – get creative!



J - L

Fundraising for Fred is easy

JUMBLE SALE

You don't need a car boot to display your array of previously loved belongings. Open up your yard, ask friends for donations, let everyone know that proceeds go to The Fred Hollows Foundation NZ.



KARAOKE

Host your very own Eurovision/Pacific-Vision evening. Sell tickets to your event, you could even open up your kitchen for refreshments and snacks!

KNITTING

Ask for wool donations and get knitting, sell your wares, start a group to increase your profits.

LEMONADE STAND

Don't be a sourpuss – put your lemons to good use. Create a refreshing lemonade stand to sell your tangy creation.

LOOSE CHANGE

Collect your loose change in a jar. Go large and bring the idea to work, encouraging others to empty out their pockets every week until the jar is full.

Another fun way to collect the coins – turn an umbrella upside down and hang it from the ceiling – ask people to make their wish and throw their money into the upturned umbrella.





MANICURES AND MAKEOVERS

Host a pampering event. Charge a fee for your services.

MARATHONS

Ask for sponsorship as you challenge yourself and run for a great cause.

NEIGHBOURHOOD STREET PARTY

What a great way to get to know your neighbours. Ask everyone to bring a plate and a contribution. You could ask local businesses to donate to a raffle.



OFFICE PARTY

If you needed an excuse for an office party, now you have one. Let this year's celebration be about your Pacific neighbours - raising money and awareness.



P - S

Join Fred Hollows
restoring sight

PHOTOGRAPHY

Have people commented on your camera skills? Why not team up with a group of other talented photographers and host your own exhibition. You could charge an entrance fee, or sell your work.



QUIZ NIGHT

Everyone loves a quiz! Get colleagues involved, host at home or ask a local venue to donate their space.

RAFFLE

Ask local businesses for donations and hold your raffle, then sell tickets to the masses.

RECIPE BOOKS

Write down your yummiest recipes, ask other great cooks to contribute and make your very own cook book. You could make it online to save costs, then charge a fee.



SECOND HAND BOOKS

Gather your best reads, ask others to do the same and have a book sale.

SPEED DATING

Find love and give back the gift of sight. Everyone knows someone who is looking for love. Organise a venue and sell tickets to your speed dating event.



THEATRE

Are you part of an amdram group, or have you ever thought of directing your own play? Find your play, audition your cast, ask venues for the space, sell your tickets to friends, family, and even the public. Put on a show to end all shows!

TREASURE HUNT

A great way to get people out and about exploring your local town. Ask for an entrance fee for maps and clues.



UGLY SWEATER DAY

Get your colleagues involved, ask them to donate a fee and wear their ugliest sweater to work. Ask your company to donate a prize to the best-worst sweater.

UNIVERSITY CHALLENGE

Speak with your student union to organise a hard hitting challenge with another university, or even between departments. Ask the tutors for questions. Hold the event in a large venue and sell tickets as the brainiacs compete for honour and victory.

VIDEO NIGHT

There is nothing like a good old fashioned movie night. Get out the classics and start up the popcorn machine or create an ice-cream parlour and serve refreshments - make this the best boutique cinema in the world!



W - Z

Be a hero like
Fred Hollows



WINE TOUR

Be the designated driver for the day and charge your fee for ferrying your friends around the beautiful vineyards of New Zealand.

You could ask local vineyards to get involved and make the tour a grander affair.

X-FACTOR TALENT SHOW

New Zealand's got talent! Organise a venue. Promote your event and you can even hold auditions. Have a variety of talents to showcase and then sell tickets!

XMAS PARTY

Host a Xmas party with mulled wine and mince pies, sell tickets to your festive event!



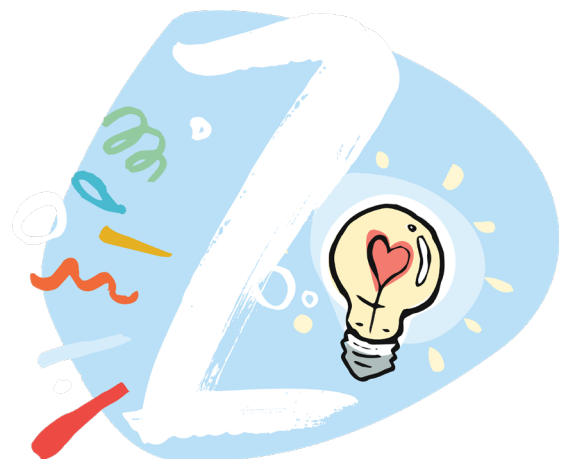
YOGA

Ask your yoga teacher friend to teach a class by donation and drum up your yogi friends to join in.

ZODIAC PARTY

Horoscopes. Palm reading. Crystals.

Join forces with friends who have the gift and host your very own psychic party.





is for
art fair



is for
bake sale



is for
car boot sale



is for
dinner party



is for
endurance



is for
fashion show



is for
games night



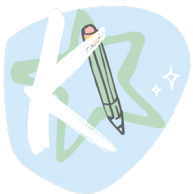
is for
high tea



is for
international
food court



is for
jumble sale



is for
karaoke



is for
lemonade stand



is for
marathons



is for
neighbourhood
street party



is for
office party



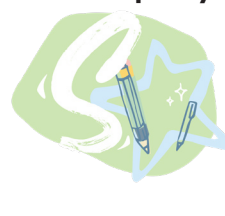
is for
photography



is for
quiz night



is for
raffle



is for
second hand
books



is for
treasure hunt



is for
ugly sweater



is for
video night



is for
wine tour



is for
x-factor talent
show



is for
yoga



is for
zodiac party